

VALLABHBHAI PATEL CHEST INSTITUTE  
UNIVERSITY OF DELHI  
DELHI-110 007

F.No.VPCI/Admn.II/Misc/IDY/2026/ 450

11<sup>th</sup> June, 2026

CIRCULAR

Sub: International Day of Yoga (IDY) 2026

The VPCI is going to celebrate "International Day of Yoga" in collaboration with **Morarji Desai National Institute of Yoga (MDNIY)** on 21<sup>st</sup> June, 2026 (Sunday) at 6:15 A.M. in front of the Paintal Memorial Golden Jubilee Auditorium of the Institute as part of International Day of Yoga (IDY) 2026 on the theme of "**YOGA FOR HEALTHY AGEING**".

All faculty, staff and students including families of the Institute are requested to participate on this occasion and make it a grant success. T-shirt & cap will be distributed to all participants. This programme will be followed by a light refreshment.

All are requested to be at the venue 15 minutes prior to the programme.

This issues with the approval of the Competent Authority.

  
Assistant Registrar (Admn.III)

To

- PS to Director – for kind information of the Hon'ble Director, VPCI.
- PA to Deputy Registrar – for kind information of the Deputy Registrar, VPCI.
- Prof. B.K. Menon, Nodal Officer, Yoga Centre, VPCI Unit
- Director, Morarji Desai National Institute of Yoga (MDNIY), New Delhi – requesting for nominating representatives for celebrating International Day of Yoga (IDY) 2026 at VPCI.
- All HODs - with a request to disseminate circular among all staff members and students.
- Assistant Registrar (Admn.I / II / A/cs), VPCI
- Yoga Centre, MDNIY, VPCI Unit - for necessary arrangement
- Mr. M. Arun Kumar, J.E.(C), VPCI - for necessary arrangements such as T-Shirts & Caps, Carpets, Yoga Mats, Stage, Audio Visual System, Banners, Selfie Point, photography, LCD Screen & refreshments etc. for participants
- Dr. Ravishankar N. - To take necessary action to send the event report to the Ministry.
- Mr. Sanjay Kumar Mandal, Security Incharge – for necessary security arrangement.
- Mr. Jogendra Singh, Housekeeping Incharge – for necessary action.
- VPCI Website
- All Notice Boards
- Guard Copy
- Concerned file.