



# 44<sup>th</sup> WORKSHOP

on

## RESPIRATORY ALLERGY: DIAGNOSIS & MANAGEMENT

*Organized by*

**VALLABHBHAI PATEL CHEST INSTITUTE**

National Center of Respiratory Allergy, Asthma & Immunology  
University of Delhi, Delhi - 110007

*Supported by*

**Society for Tobacco Control, Delhi**

**DATE**

**6<sup>th</sup> - 10<sup>th</sup> May, 2019**

**VENUE**

**PAINTAL MEMORIAL GOLDEN JUBILEE AUDITORIUM**

VP Chest Institute, University of Delhi, Delhi

**Chairman - Organizing Committee**

**Prof. Raj Kumar**

Director

Vallabhbhai Patel Chest Institute,  
University of Delhi, Delhi - 110007 (India)

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## SCIENTIFIC PROGRAMME

**DAY 1: Monday, 6<sup>th</sup> May, 2019**

Time	Programme	Speakers
10:00–10:30	Registration	
10:30-10:50	Tea	
10:50–11:10	Introduction to workshop & pre-assessment	Dr. Raj Kumar
11:10–11:40	Basics of allergy	Dr. MK Aggarwal
11:40–12:10	Allergy focused patient history	Dr. Rajendra Prasad
12:10–12:40	Allergy diagnosis: <i>in-vivo</i>	Dr. Raj Kumar
12:40–13:10	Allergy diagnosis: <i>in-vitro</i>	Dr. Naveen Arora
13:10-14:00	Lunch	
14:00–14:30	Allergic rhinitis	Dr. Achal Gulati
14:30–15:00	Indoor allergen	Dr. Sonam Spalgais
15:00–15:30	Aeroallergens in clinical practice	Dr. AB Singh
15:30–16:00	Bronchial asthma: phenotypes	Dr. Deepak Talwar
16:00–17:00	Inauguration of workshop	
17:00	Tea	



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## DAY 2 : Tuesday, 7<sup>th</sup> May, 2019

Time	Topic	Speakers
09:00–09:30	Pulmonary function test (PFT) - Auditorium	Dr. Rupak Singla
09:30–13:00	Practical training in spirometry - Group A	Dr. Rupak Singla
09:00–12:00	Practical training in SPT - Group B	VPCI Team
12:00–13:00	SPT proficiency testing - Group B	
13:00-14:00	Lunch	
14:00–14:30	Pollen - relevance of seasons and its clinical relevance	Dr. AB Singh
14:30–15:00	Mites & its allergens: Its concentration and clinical relevance	Dr. Raj Kumar
15:00–15:30	Diagnosis and management of ABPA	Dr. Ashok Shah
15:30–16:00	Standardization of allergen: Clinical importance	Dr. Harshveer Singh
16:00–16:15	FeNO Test	Dr. Sonam Spalgais
16:15	Tea	

## DAY 3 : Wednesday, 8<sup>th</sup> May, 2019

Time	Topic	Speakers
09:30–13:00	Practical training in spirometry - Group B	Dr. Rupak Singla
09:00–12:00	Practical training in SPT - Group - A	VPCI Team
12:00–13:00	SPT: Proficiency testing - Group - A	
13:00-14:00	Lunch	
14:00–15:00	Clinical cases discussion history, investigation and interpretation	<b>Panelist:</b> Dr. SN Gaur, Dr. AB Singh, Dr. Nagendra Prasad, Dr. MK Aggarwal, Dr. Sonam Spalgais
15:00 - 15:30	Indian guidelines of allergen immunotherapy	Dr. SN Gaur
15:30 - 16:00	SCIT vs SLIT - A focus on efficacy & safety	Dr. Nagendra Prasad
16:00 - 16:30	Component resolved diagnosis (CRD)/ molecular allergology	Dr. Suneet Jindal
16:30	Tea	



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## DAY 4: Thursday, 9<sup>th</sup> May, 2019

Time	Topic	Speakers
09:00-13:00	<ul style="list-style-type: none"><li>• SPT : Proficiency test (Repeat)</li><li>• Demonstration of specific IgE/Total IgE Test</li><li>• Demonstration of nasal provocation test</li><li>• Demonstration of breath FeNO test</li><li>• Visit to pollen count station</li></ul>	VPCI Team
13:00-14:00	Lunch	
14:00-14:30	What to expect from allergen immunotherapy treatment	Dr. Sitesh Roy
14:30-15:00	Management of uncontrolled asthma	Dr. BK Menon
15:00-15:30	Pharmacotherapy of asthma	Dr. Anant Mohan
15:30-16:15	Clinical cases discussion - optimal selection of allergen for immunotherapy	<b>Panelist:</b> Dr. SN Gaur, Dr. AB Singh, Dr. Sitesh Roy, Dr. MK Agarwal Dr. Sonam Spalgais
16:15	Tea	

## DAY 5: Friday, 10<sup>th</sup> May, 2019

Time	Topic	Speakers
09:00-09:30	Newer development in immunotherapy	Dr. Naveen Arora
09:30-10:00	Food allergy in clinical practice	Dr. Raj Kumar
10:00-10:30	Allergen avoidance	Dr. VK Jain
10:30-11:00	Insect allergy	Dr. MK Aggarwal
11:00-11:45	High Tea	
11:45 -12:00	Setting-up an allergy clinic	Dr. Raj Kumar
12:00-12:30	Respiratory allergy in children	Dr. Nagaraju K
12:30-13:00	How to improve patient satisfaction?	Dr. PP Bose
13:00-13:30	Distribution of certificate & closing ceremony	
13:30	Lunch	

### Register Now

For registration & enquiries please contact us at  
[ncraivpci@gmail.com](mailto:ncraivpci@gmail.com)

For assistance: Dr. Sonam Spalgais (Mob : 9650853257)