



**VALLABHBHAI PATEL CHEST INSTITUTE  
UNIVERSITY OF DELHI, DELHI**

*Has Started*

**HOME-BASED PULMONARY REHABILITATION**

*For*

**POST-COVID PATIENTS**

**From : 25/06/2021**

- VPCI started Cardio-Pulmonary Rehabilitation Centre with state of the art facility in September, 2007.
- Due to Coronavirus pandemic, there is a surge in Post-Covid patients, who are requiring Pulmonary Rehabilitation but are unable to attend supervised session at the Rehabilitation Centre.
- To provide treatment for such patients, VPCI has started Home-Based Pulmonary Rehabilitation Programme through Tele consultation.
- **Services/Treatments available:** – Three months programme will be conducted where patients will be taught breathing retraining, bronchial hygiene and different modalities of exercises. They will also be provided nutritional advice and psychosocial support as per standard guidelines.
- **Days : Monday to Friday**
- **Timings: 11:00 AM to 01:00 PM**

**For any further information,  
please contact:**

**Dr. Vishal Bansal**  
**Professor & Head**  
**Department of Physiology**  
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**Note:** Home-Based Pulmonary Rehabilitation for management of Post-Covid patients is one of the first programme of its kind to be started by any of the Institutions. Please avail the facility.

**Dr. Raj Kumar**  
**Director**  
**Vallabhbhai Patel Chest Institute**  
**University of Delhi, Delhi**